HOW TO MAKE A ROMAN HELMET

1. Print and stick either the black and white or the coloured helmet templates onto thin card. Make sure the card is not too thick so it will bend round your head, and don’t forget to print both pages.

2. If you have chosen the black and white templates, colour them in now.

3. Carefully cut out all the pieces.

4. Use sticky tape on the back of the helmet to stick together the two long silver strips to form a band to go round your head. Sticky tape this to the upper part of the helmet with the join in the centre. Cover the join between the two silver strips by gluing the large gold strip over the top, then glue the smaller gold one as shown on the drawing. Use glue and sticky tape to attach the cheek pieces to the back of the headband. Sticky tape the ends of the headband together to fit your head, then try it on!